

THE BLOG

Where Have All the Wise Men Gone?

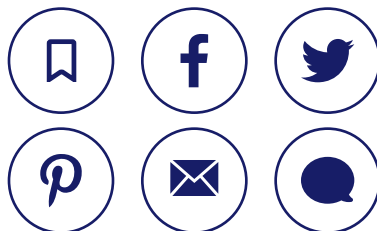
In modern life, instead of people growing "older and wiser," people can simply grow older and older. People can live longer and longer without becoming any wiser for it.

By Michael Meade, Contributor

Writer, mythologist and founder of the Mosaic Multicultural Foundation.

09/11/2011 12:59am EDT | Updated November 10, 2011

This post was published on the now-closed HuffPost Contributor platform. Contributors control their own work and posted freely to our site. If you need to flag this entry as abusive, [send us an email](#).



We live in a time of great forgetting. It's not just that people

live longer and short-term memory loss becomes inevitable over time. We reach for a familiar name, but it is temporarily out of our reach. Having parked a car so many times, we forget exactly where we parked it this time. We enter a room only to forget why we crossed that threshold and what we were looking for.

There is no tragedy, no great loss in that. Some forgetfulness is natural, just as eyesight weakens over time. Yet nature, in its wisdom, may see the whole thing differently. After 40 or 50 years a person has seen enough of this world and the point may no longer be just looking at life or observing what is going on. After enough time has passed, the issue is not the simple loss of sight, for the point has become the need to develop a genuine vision for life.

The loss of common sight might serve to precipitate deeper insights about life and about death, another event that nature requires. As we "grow older," we are supposed to also grow deeper and thereby become wiser. Those who continue to grow as they grow older are able to develop long-term vision where most become blinded by near-term needs and common neediness. Growing older happens to everyone, but growing wiser happens to those who awaken to a greater sense of meaning and purpose in life.

Similarly, the inevitable loss of short-term memory that accompanies aging is not intended to be a complete loss. Losing one's immediate grip on certain details can be related to gaining a greater grasp of the long-term issues that affect both culture and nature. The first kind of forgetting misplaces things in the moment, but the great forgetting involves a loss

of memory regarding the gift of life itself and a lack of living wisdom that helps make both individual and collective life meaningful.

In traditional cultures, the elders are expected to remember the essential things that everyone else keeps forgetting. After "growing up," a person is supposed to grow down and become rooted deeper in the ground of being, like an old tree that draws from ever deeper resources. In traditional cultures, the elders were considered to be a valuable resource without whose guidance the whole society could lose its way.

Yet in modern life, instead of people growing "older and wiser," people can simply grow older and older. People can live longer and longer without becoming any wiser for it. When there is no genuine growth in growing older, aging can become all about loss. The longer people live the more of life they seem to lose. Instead of developing wise and seasoned "elders" who can help others find meaningful ways to live, modern societies are in danger of producing "olders" who blindly seek ways to hold onto life at any cost.

This can be seen as the problem of the olders vs. the elders. Traditionally, elders carry a greater vision of life because they develop insight into their own lives. The elders are those who found threads of purpose and meaning amidst the illusions and delusions of life. Amidst the inevitable troubles of life, the bubble of the "closed ego" bursts and a deeper, wiser self is born. Such psychological maturity involves a shift from a self-centered life to one of genuine meaning and of greater service to others.

Yet, in a culture where older folks are in the majority and people tend to live longer and longer, there seems to be an increase of fear as well as a loss of wisdom about life and about death. There seems to be a lack of knowing elders who can recall essential things in midst of the great crises troubling both nature and culture. What is the point of living longer if it doesn't mean becoming wiser and being more able to serve something beyond one's little-self?

Aging can involve various levels of memory loss. Alzheimer's disease is a tragic condition for individuals and for entire families. I am not wishing pain or suffering on anyone; however, there is something of a psychological ailment involved, a sense that more and more people are falling out of the story of life even before the end is in sight.

Can the increasing loss of memory be a collective symptom trying to call attention to the deeper issues of sustaining culture and helping nature? Is it possible that the real social security crisis is about recollecting the deeper reasons for living one's life, rather than simply collecting compensation for surviving it? Can life itself be trying to provoke an effort at recalling the deep memories and imagination that form the true inheritance of human kind?

An old idea suggests that the only ones more idealistic than young people are the elders. It's not that the elders naively believe that the great ideals of humanity, peace and justice, healing and compassion, are simply attainable. Rather, the idea is that without a commitment to such ideals a culture simply collapses into political infighting and economic warfare. The gridlock in the nation's capitol may be an

increasing national shame, but the grid lock on American imagination may be a greater tragedy in the making.

While the political parties fight over who might be the "adult in the room," there is a desperate need for elders in communities throughout the country. Whereas the '60s were characterized by change brought on by a youth revolution, the current morass may only be changed by an elder awakening. The revolution waiting to happen in this country may involve an awakening to the necessity of the role that elders can play in the great crises facing both culture and nature.

Issues like poverty and joblessness, climate change and sustainability require long-term visions combined with self-sacrifice and genuine courage. Elders are not elected, so the short-term thinking characteristic of ideological politics and winning elections can be superseded. Since the elder part of us accepts the inevitability of death, decisions that truly serve the future become more possible.

Genuine wisdom relaxes hostility, settles common fears and makes inner balance and longer vision more possible. When older folks fail to recommit to the great ideals that sustain the deepest values of human life, they tend to feel more fearful and anxious while also becoming more cynical and self-involved. When older folks act with genuine courage and vision, young people feel encouraged to find and follow their dreams.

Another old idea suggests that a culture falls apart when the dreams of its youth are rejected and the visions of its elders are neglected. This country is moving closer to the kind of lack of vision and lack of wisdom that precipitates such a fall.

Suggest a correction

MORE: HEALTHY LIVING OLDER AND WISER

CONSCIOUSNESS HEALTHY LIVING SPIRIT

HEALTHY LIVING HEALTH NEWS



Michael Meade, Contributor

Writer, mythologist and founder of the Mosaic Multicultural Foundation.



MORE IN WELLNESS



This Is What Activism Does To Your Body



Dreams Often Have Meaning. Here's How To Interpret Them.



NBA Reportedly Expands Mental Health Program For Players

MORE IN LIFE



HOME & LIVING

What To Watch On Netflix That's New This Week



PARENTING

The Funniest Tweets From Parents This Week



MONEY

Here's What It Takes For A Boycott To Work



STYLE & BEAUTY

Tie-Dye Ruled This Week's Most Outrageous Celebrity Looks



FOOD & DRINK

10 Produce Storage Mistakes And How To Avoid Them



STYLE & BEAUTY

So THAT'S The Difference Between A \$13 Swimsuit And A \$300 Swimsuit



STYLE & BEAUTY

These Shoes Will Get Your Kid Through The Next School Year



In Honor Of Book Lovers Day, Here Are The Books Our Editors Loved This Year

YOU MAY LIKE

Research Stair Lifts Pasadena California: Stunning New Stair Lifts

Stair lifts | Search Ads

The Genius Hack Every Costco Shopper Should Know

Wikibuy

These German hearing aids are changing lives

hear.com

These Are This Year's Best Luxury Vehicles for Seniors

Luxury Vehicles | Search Ads

SUBSCRIBE TO HUFFPOST'S WELLNESS EMAIL

The essential guide to taking care of your mind and body.

address@email.com

SUBSCRIBE



NEWS

ENTERTAINMENT

COMMUNITIES

VIDEO

HUFFPOST

ADVERTISE

CONTACT US

FAQ

ARCHIVE

PRIVACY POLICY

HUFFPOST PRESS
ROOM

POLITICS

LIFE

**HUFFPOST
PERSONAL**

NEWSLETTERS

ABOUT US

ABOUT OUR ADS

RSS

CAREERS

USER AGREEMENT

COMMENT POLICY

Part of HuffPost. ©2019 Verizon Media. All rights reserved.